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Maggie Ross Irish Stepdance Coloring Book: Wonderful Dance Art For You To Color (Coloring Books) (Volume 22)





Synopsis

Irish Stepdance Coloring Book, featuring 23 artistic Dance Designs! Each will challenge you to create an unique artwork that represents your vision. Perfect for Mom to explore while waiting for you at class or practice! These are designs created from my original artwork for grown ups and older children who enjoy coloring with pencils, pens or paint. The images are printed with an example in full color on the facing page. Please consider the examples of the finished works a suggestion and choose colors that appeal to your own sense of design in working with these images. Choosing hues and adding color to images often creates a deep sense of calm and wellbeing. This activity does not require any expertise, and it can be remarkably soothing and nourishing. Coloring images helps to focus attention and reduces stress, promotes emotional grounding and creativity.

Book Information

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